

EASY LIVING

AUGUST 2009 £3.20

FASHION

SMALL BUDGET, BIG IMPACT
Gorgeous clothes for sunny days

TRAVEL

GLAMOROUS GETAWAYS
The new luxe mini-breaks (from just £9.50 per night!)



IN DEPTH

THE FINE LINE BETWEEN LIFE & DEATH
Inspiring survival stories from those who've walked it

COVER STAR

PATSY KENSIT
On loss, family & happy endings



Toes out in ten minutes

Maximise moisturisation by following French beauty therapists' trick of mixing oil with a cream: try Karin Herzog Foot Oil, £18 (4)