

Karin Herzog Switzerland 

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Salon treatments

Karin Herzog Bodycial

What is it? A facial and body treatment that uses a combination of lymphatic massage and oxygen creams to destroy acne-causing bacteria.

Does it work? Lisa Sayers, 24, from Warrington, Cheshire, says: 'I tried Karin Herzog Oxygen Face [50ml] and Mild Scrub [50ml]

Initially, my skin worsened because although the oxygen in the cream was destroying the acne-causing bacteria, my lymph system was blocked and couldn't carry away the waste. But after a course of six monthly Bodycial treatments my skin's now spot-free.'

The Bodycial starts at £75 for a two-hour treatment, with a course of four to six treatments recommended. Call 0800 0562428 for your nearest salon.



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NEW SMOOTHIES

by Sarah Harding



Splash out on an oxygen facial at London's Dickins & Jones and come out, as I did, feeling as though you have just completed a ski run: skin tingling, cheeks bright, and complexion renewed.

Oxygen treatments are so big in America that the waiting list for the double-oxygen facial at New York's Bliss Day Spa is three weeks – and the queue for the Karin Herzog facial at Dickins & Jones is not that much shorter.

Consisting of molecules trapped in oil, they feed oxygen to the skin externally, boosting the levels provided by the blood. In the process, it is claimed, they rejuvenate the skin: reducing fine lines, creating radiance and even curing acne.

It all started when the wife of Paul Herzog, a doctor, noticed how smooth his hands looked as he applied anti-bacterial cream. Karin Herzog looked into developing it into a skincare range and, after seven years of research,

put her creams (which include vitamins A and E) on sale in America.

That was ten years ago, and now the Karin Herzog Vita-a-Kombi range has been selling in Britain since last summer.

Herzog is not alone. Lancaster's range includes Oxygen Revitalising Cleanser (£17.50), Oxygen Repair Day Cream (£37), and Oxygen Repair for Night (£40). 3i Sander has an Oxygen Pure Intensive Anti-Age Defense (£35), and O Par Pure Oxygen (£9.99), a cylinder of eight litres of "liquid oxygen", is recommended for stress and smog.

But do all these really work? Skin experts may still be debating, but the likes of Demi Moore and Linda Evangelista are gasping for the creams.

Karin Herzog oxygen facial, from £35, and moisturisers, from £29.99, at Dickins & Jones; Lancaster and 3i Sander at major department stores; O Par Pure Oxygen (call 01773 483 3177).