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Karin Herzog

As featured on TV and the following press:

OK! HARPER'S HELLO! TATLER InStyle Daily Mail VOGUE



SHE
MAGAZINE
For women who juggle life & love

Shifting cellulite and toning your not-so-firm bits takes some effort, but there are ways to diminish dimples that will fit into your day - and your budget.

Body beautiful

COMMITMENT LEVEL
Under five minutes a day
Firming and anti-cellulite lotions can make your skin feel firmer, but they only make a difference with mild dimpling. For more noticeable cellulite, turn the spotlight on our stay-home workouts and intensive treatments. Here's our pick of the best quick fixes.

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BEAUTY

IF MONEY'S NO OBJECT... *a course of treatments*

There might be lots of cellulite treatments available, but choosing one that's right for you and actually works isn't easy. We've picked the three newest treatments that promise to give you great results, whether you have a few weeks or just a few days.

Karin Herzog OxyContour Body Treatment

PROMISE This all-over body treatment combines a body exfoliation with lymph drainage and a thermal wrap to help eliminate toxins and tighten loose skin.

HOW IT WORKS It starts pretty much like a facial for the body; you're cleansed and exfoliated with a natural fruit-acid serum, then given a one-hour massage to kick-start your circulatory system and help break down any fatty deposits. A layer of Karin Herzog's silhouette-firming cream is then applied and covered with gauze and a mud mask before you're given a thermal body wrap to encourage further lymph stimulation. As an added extra, you're also treated to a scalp massage to encourage relaxation.

COMMITMENT The wrap will leave your skin feeling smoother and tighter instantly. It's perfect for a last-minute treat when you want to see results fast. ■

